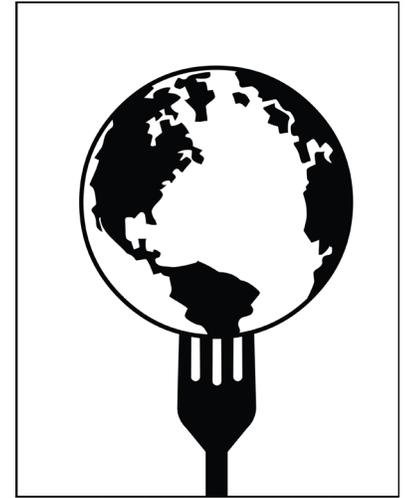


# DEADLY SE7EN

## Week 5: Gluttony



### Monday

"A slacker's craving will kill him because his hands refuse to work."  
Proverb 21:25

"Like vinegar to the teeth and smoke to the eyes, so the slacker is to the one who sends him on an errand."

**What practical things can I do to create a greater hunger and thirst for God this week?**

### Tuesday

"The diligent hand will rule, but laziness will lead to forced labor." Proverb 12:24

"The Bible will keep you from sin, or sin will keep you from the Bible." Dwight L. Moody

**What areas am I to honor God with my body? What areas do I need to practice abstinence/moderation?**

### Wednesday

"Go to the ant, you slacker! Observe its ways and become wise." Proverb 6:6

"Don't love sleep, or you will become poor; open your eyes, and you'll have enough to eat." Proverb 20:13

**A lot of gluttony is born of boredom. Where is life not currently satisfying or stimulating?**

### Thursday

"And whatever you do, in word or in deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through Him." Colossians 3:17

"Where one man reads the Bible, a hundred read you and me." Dwight L. Moody

**Where is one area that I need to replace an unhealthy appetite? What action steps to do I need to take?**

### Friday

"His master said to him, 'Well done, good and faithful slave! You were faithful over a few things; I will put you in charge of many things. Share your master's joy!'" Matthew 25:23

"I've read the last page of the Bible. It's all going to turn out all right." Billy Graham

**Where am I struggling to find complete satisfaction with God? What do I need to do to find ultimate fulfillment in Him?**